



IMAGO Family Challenge  
A Distance Learning Experience for Home  
**Week 2: Resilience**

**Step 1:** Have a conversation with your learner (this will take 2-6 minutes per learner)

Ask, in order:

1. What is something that you enjoy doing now but was hard to do at first?
2. What was hard about it?
3. How did you feel at the beginning, when it was difficult for you?
4. What made you keep going? Why didn't you give up?
5. How did you feel once it was no longer hard to do?
6. How do you think you would feel if you had given up?

**Step 2:** Watch one of the following movies. You can do this together or you can have them do this on their own.  
(this will take 1-2 hours)

[Moana](#) (PG, 2016)

[Big](#) (PG, 1988)

[Hidden Figures](#) (PG, 2016)

[McFarland, USA](#) (PG, 2015)

[Slumdog Millionaire](#) (R, 2008)



**Step 3:** Have a conversation with your learner (this will take 2-6 minutes per learner)

In order ask:

1. What was the big challenge that the character(s) faced in the movie?
2. What was hard about it?
3. How did they feel at the beginning, when it was difficult for them?
4. What made them keep going? Why didn't they give up?
5. How do you think they felt when they overcame their challenge?
6. How do you think they would have felt if they had given up?

**Step 4:** Do the IMAGO Resilience lesson. You can do this together or you can have them do this on their own. (this will take 30-60 minutes)

Go to: [go.weareimago.com](http://go.weareimago.com)

First time users will need to create a login:

First time users please follow the links to “Sign up and Create a Learner Account”

Please use your personal email and the Enrollment Key is: **LQ6KT7QP** (all uppercase)

Once you are logged in, click on add a class (in the upper right corner) and search the email: *family@weareimago.com*. Then choose the class name: *IMAGO Challenge*

Choose yes to add yourself to the class. Now you can...

Returning users jump straight to here

...click on the Resilience lesson thumbnail to play the lesson and answer the study guide questions.



**Step 5:** Have a conversation with your learner (this will take 2-6 minutes per learner)

Ask: What did you learn?

**Step 6:** Find'em Challenge (this can take hours or days but have fun with it)

Everyone finds 3 - 5 examples of Resilience in your lives. It can be done by you, others, seen on TV or done in a book. Share them with each other at the end of the week.

Share that on any of your social media and tag with **#IMAGOfamilychallenge**

**Thanks for joining us!!!**

.....interested in helping us select next week's topic? Vote here by Sunday April 19th:  
<https://forms.gle/hKnaX58WfZuN5wVG9>. New challenges will be released every Wednesday.

---

**I M Δ G O**

---