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Welcome

### **Being Over Doing**

# Are we asking each other the right questions?

December 1, 2023

**Building Better Humans for our Workforce & World** 

# GRATITUDE



GRATITUDE OUTCOMES AGENDA TIME RULES AGREE CLARITY EXIT

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• Explore how questions and answers can shape us

OUTCOME



- Stoking
- Childhood Questions
- Adulthood Questions
- $\bullet \mid \triangle \bigcirc$

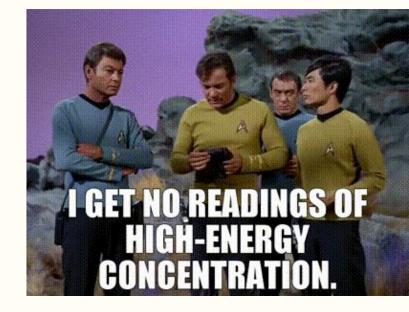
GRATITUDE
OUTCOMES
AGENDA
TIME
RULES
AGREE
CLARITY
EXIT

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AGENDA



2,700 seconds or 45 minutes ΙMΔGΟ



- Seek to Love
- Imagine the Application
- Take What You Want

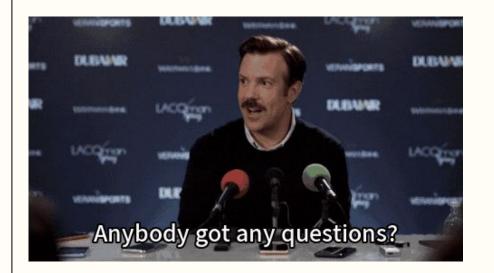
IMAGO

Rules / norms





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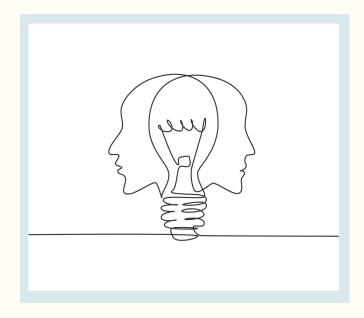




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## Stoking Activity

#### Mind Meld



### Who is IMAGO?

30,000 ft view

#### Who We Are

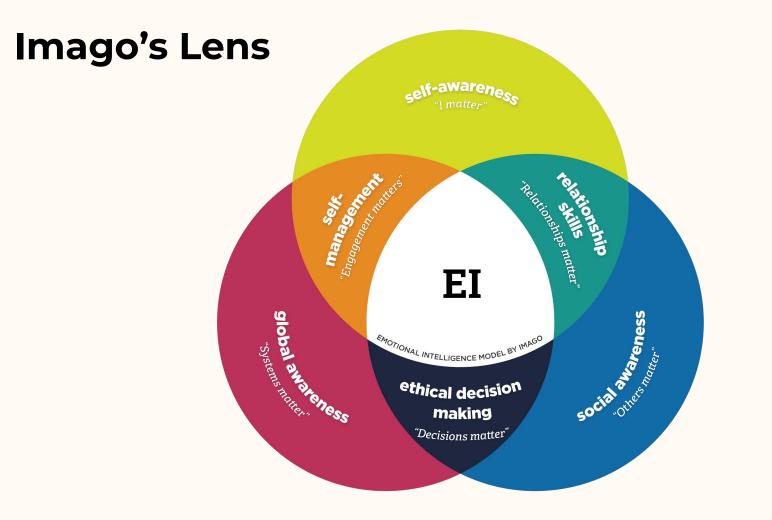
Lifelong learners, creators, shenanigators

#### What We Want

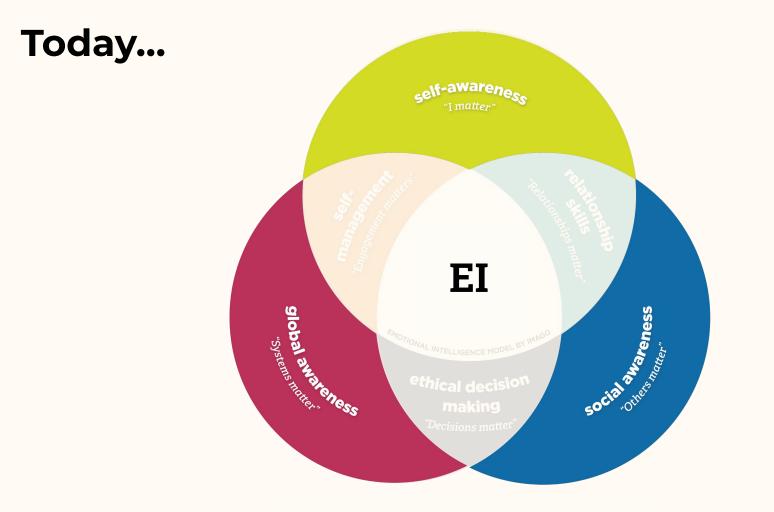
Meaningful perspectives of success in our society by embedding social-emotional learning into all human experiences

#### Why It Matters

Engaged and fulfilled humans are better prepared to take on complex challenges in our world



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# How important is identity and why?

Groups: 5 min



# What's the 1st question adults asked you about careers:

What do you want to be when you grow up?

#### **Shout Out:**

What age do we start asking?

Do you remember your answer?

How'd you come up with your answer?



### **Assumptions in the Question:**

- 1. You're supposed to know
- 2. If you do know, you have to wait until you are "grown up"
- 3. You get to be just one thing
- 4. You are your job



### Instead:

If you had a magic wand and could solve any problem, WHAT WOULD IT BE?

Groups: 5 min Share: HTF



### Solving World Problems Approach can be:

1. Easier to answer

2. A now question

3. A lifelong pursuit

4. Enough for the asker



# What's the first question adults ask adults when they meet?

What do you do?

#### **Discuss:**

Share what you do with your neighbor?

Groups: 5 min



### Now, answer the question as if you were asked:

### WHAT DO YOU DO?

That you've always done That you will always do

Write it down-5m Share with Group-5m



### Flipping the script:

1. Original is meant to identify character, status and power

2. Depression rates increase after retirement

3. New way will generate authentic conversations



# Your job is not your identity.

We invite you to **ask** more meaningful questions to change the paradigm of how we see ourselves and each other.



# **Q&A ~ Menti**